iLead Student Leadership Conference 2024

Presentation Descriptions

Presenter(s)	Session(s)	Description
Sharlene Sookhoo, Director, Strategic Initiatives Division of Administrative Affairs	Change Your Outlook, Change Your Outcomes: Strategically Think Your Way to Success	In today's world, strategic thinkers are considered to be amongst the most highly- effective leaders because it helps leaders set clear goals, adapt to challenges, and make smart decisions that lead to success in the long run. A true leader thinks and acts strategically every day, all day and key personal practices to achieving this are mindfulness, self-awareness and visioning. Participants will be lead through a self- awareness archetypal exercise.
Tamsyn French, Associate Director, Student Financial Success Alexis Apana, Coordinator, Student Financial Aid Office of Student Financial Aid	Money Personality and Money Mindset: How to Leverage for Strong Financial Power	Financial wellness is your secret weapon for becoming a stellar leader and achieving personal growth! Here's how diving into your money personality and mindset can lay the foundation for your financial journey and set you on an exciting path: • Decode Your Money Personality: You will take a Money Personality Quiz and discover why you make certain financial choices. You will have the opportunity to share results and learn from one another. • Switching Up Your Mindset: You will break free from limiting beliefs and embrace an abundance mindset to open doors to incredible opportunities. • Setting Epic Goals: Having a healthy and positive money mindset will help you dream big and set financial goals that inspire and energize you. Financial wellness fuels mental health, sharp decision-making, productivity, and long-term security—making it the ultimate key to thriving personally and professionally!
Valerie St Juste, Residential Education Operations Coordinator Housing and Residential Education Walter Starks	Roadmap to Successful Collaboration: Building blocks to achieving a common goal	In a world more connected than ever, teams from all backgrounds still struggle to make things work when they are forced to work together. This session will provide an overview of what successful collaboration looks like, demonstrate a breakdown of the different skills and strategies most used in teamwork, and explain to students how to emulate what they've learned among their own personal teams. Students will also engage in activities to simulate a collaborative environment and work together to achieve a common goal. The first activity is a personal collaboration assessment. The other activity is in break out groups where they are given a card and they must work together to create what is on the card. The session will conclude with a group reflection and key takeaways.

William Turner, Residential Education Hall Coordinator Valerie St Juste,		
Operations Coordinator Nadine Kasti		How to Eat Up Community Engagement is an informational session that poses the ongoing questions defining both community and engagement. This also provides students with learning outcomes, recommendations/strategies, and guided
Sandee Clovis		questions that will allow students to share how they each individually are able to build and foster community within the organizations they serve/are apart of. Lastly, these presentations give both the presenters and the students the opportunity the opportunity to share their personal stories in their organizations and what events
-	How to Eat Up Community Engagement	they have, the relationships they have built, and what their why is!
Counseling and	An Empowered You: Tools to Transition Confidently from the Academic Setting to Your Professional Path	Navigating the transition from the structured college environment to the complexities of the professional world is exciting and daunting for many students. As they prepare to graduate, student leaders often grapple with the internal struggle of imposter syndrome—the pervasive feeling of self-doubt, inadequacy, and fear of being "found out" as unqualified despite evident achievements and capabilities. This presentation will focus on equipping student leaders with practical strategies to overcome imposter syndrome, fostering a confident and resilient mindset as they embark on their post- graduation journeys.
Psychological Services	Understanding Emotions & Using Yourself as a Tool in Leadership	This presentation will merge leadership style with emotional intelligence. Participants will learn what emotional intelligence is and how it can help them to be transformational leaders. In order to do this, participants will learn about self- awareness, emotion management, social awareness and relationship management. The presentation will ask participants to reflect on and journal about their own experiences with difficult conversations and consider alternative ways of responding, from an emotional intelligence lens.
-	We can all sing together but cannot all talk together!	During this session participants will begin to understand the common challenges new groups face as it relates to communication, teamwork, and accountability. These

Housing and Residential Education		three areas are important to the success for group's mission. During this session you will explore the stages of group development. Explain their own talents to overcome common issues within student groups. In this session will be done within the background of music, those in attendance will participate in the creation of a piece of music.
Justin Eggen, Assistant Director of Student Organizations Student Activities and Involvement Shanice Eduh-Duncan, COSO Director and Elite Owl Ambassador	Turbachargad Taamwark	This presentation uses the metaphor of Formula 1 racing to guide RSO leaders through key phases of the academic year, from team bonding and semester planning to finishing strong with effective event execution and leadership transitions. By addressing common challenges like burnout and gatekeeping, the presentation provides strategies for building a cohesive, sustainable organization.
Amanda Cacapava, Centrical Global Manager of Customer Education Alumni and Former Elite Owl Ambassador		In this interactive session, students will learn practical networking skills through engaging activities that build confidence and connections. Highlights include: Speed Connections: A rapid-fire icebreaker to meet peers and practice quick introductions. Networking Map Creation: Small group discussions to identify existing connections and expand networks. Networking Challenge Role-Play: Interactive stations simulating real-world networking scenarios like career fairs and LinkedIn messages, with instant feedback. Personal Networking Plan: Students will leave with a clear, actionable plan for strengthening their networks. By the end of the session, participants will gain the confidence and strategies needed to master the art of networking and build meaningful relationships for their personal and professional success.
Weppner Center for LEAD	The Importance of Community	Students will understand community service and the importance of giving back to the community as well as how to utilize NobleHour. Students will also learn about philanthropy, Service-Learning, and Volunteerism through an interactive activity where they will write all of their assumptions about each topic.

Melanie Adams,		
Director, Career		In this sassion, student leaders will learn how to use their promium leases account
Development Services		In this session, student leaders will learn how to use their premium Jobscan account to make their resumes stand out amongst other applicants. Using Jobscan students
		are three times more likely to get an interview. Students will learn about applicant
Melissa Conrad,		tracking systems and how Jobscan can help them create ATS friendly resumes.
Career Coach	Race to Career Readiness:	Additionally, students will get access to the extensions for Handshake to make
	Using AI to Optimize Your	applying for jobs and internships easier!
Career Center	Resume and LinkedIn	apprying for jobs and internships easier:
to a straight the material states		In this interactive session, you'll learn how to highlight your leadership experiences
Jennifer Fabricius,		to create a standout resume that goes the distance! We'll guide you through
Director, Career Center		identifying key leadership moments from your academic, extracurricular, and work
Liaison Program		experiences, then show you how to effectively showcase them on your resume. After
Fuin Machanai		a brief presentation, you'll dive into a hands-on resume lab where you'll refine your
Erin Maharaj,		leadership-focused bullet points, receive personalized feedback, and leave with a
Assistant Director, Career	Deep to the Text Localization (1)	polished, ready-to-run resume. Whether you're gearing up for your first race or
Center Liaison	Race to the Top: Leading with a	looking to lead the pack, this workshop will help you pace yourself for success and
Courses Courton	Winning Resume	finish strong! *Please note - you will need your laptop for this session.
Career Center		
		This presentation will provide insight for students regarding how they can highlight
		their roles within various on-campus organizations during interviews to stand out in
		a professional setting. This presentation will assist student-athletes and student
		organization members edit their resumes to highlight their involvement. We will
		cover how to create a resume and cover letter to highlight on-campus student
		involvement on their documents and showcase promotions within various
		organizations to allow recruiters to see career progression. Creating a targeted
Rachel Katz,		resume and cover letter can be beneficial in highlighting longevity within an
Coordinator, Experiential		organization. Additionally, we will discuss how students can research companies to
Learning & Internships		prepare for interviews. Furthermore, we will discuss how students can utilize their
Chafen Damaulan		roles within various on-campus organizations to obtain college credits so that their
Stefan Ramgulam,		experiences are not only tracked on their resumes but can be documented on their
	Marketing Your On-Campus	transcripts to showcase their experiences when applying to graduate schools. During
Learning & Internships	Involvement to Achieve First	the presentation, we will conduct a mock interview exercise to help students
Caraar Cantar	Place During Your Internship	navigate interview questions, in which they will emphasize their roles in campus
Career Center	Search Process	organizations. The presentation will focus specifically on how students can gain

		valuable internship opportunities through the Florida Atlantic Career Center to achieve their goals and provide companies with a background of their academic and professional growth. During the presentation, we will also discuss ways for students to navigate networking events such as Career Fairs to build bridges with employers to find opportunities. We will discuss how to create an elevator pitch for those Career Fairs. Lastly, this presentation aims to emphasize to our students how to secure internships from their various roles within on-campus organizations and be competitive in the job market.
Damien Michel, Assistant Director- Fitness & Wellness Campus Recreation	IKIGAI - Mapping out your Why to Take Action	Do you have your own personal mission statement for your life? Having a clear understanding of what your overall purpose is will help guide you in your future endeavors, especially when it comes to life after college. It can help you with career opportunities, cultivating a better work life balance, or simply help you understand yourself a little bit better. If you want to explore your own personal WHY, you'll want to learn about IKIGAI, a Japanese philosophy used to better help understand yourself and way of being!
		The presentation is a dynamic and interactive 45-minute session designed to inspire college students to step into leadership roles with confidence and purpose. Using an energetic, athletic tone and powerful sports analogies, the session highlights the critical impact of personal actions on others, emphasizing the importance of creating a culture and leaving a legacy. Drawing inspiration from iconic athletes like Michael Jordan, Serena Williams, and Vince Lombardi, the presentation connects leadership traits in sports—resilience, teamwork, and discipline—to everyday leadership. It challenges students to think beyond titles and see leadership as a series of meaningful actions that can inspire those around them. The session includes various interactive activities, from self-reflection and group discussions to team challenges, encouraging students to actively participate and engage with the content. The core message, "I CAN. I WILL. I MUST.", serves as a leadership mantra, motivating
	Empower. Engage. Lead:	students to take charge of their personal growth and leadership journey. The
Assistant Director of Sport	-	presentation concludes by empowering students to apply the lessons learned in their
Programs	Tomorrow "I CAN. I WILL. I	daily lives, whether on the field, in the classroom, or in any leadership role they
Campus Recreation	MUST"	pursue.
Ben Geils,	Leading Through Challenge:	This presentation will focus on the core concepts of leadership, communication, and
Campus Recreation	Exploring Leadership and	active listening through the lens of challenge-based learning. Attendees will

	through Experiential Learning	participate in a series of activities that promote teamwork, encourage peer-to-peer interactions, and facilitate effective communication. Additionally, participants will analyze the benefits of learning through the Comfort Zone model.
Stanley Bertilien, Elite Owl Ambassador and Former Orientation Leader	Slaying Professionally: "It's	Teaching student leaders how to translate their collegiate experience into the professional world by teaching them about Professional Identity Formation (PIF) through networking, attire, accountability, communication, etiquette, and dedication. Emphasizing the importance of sharpening these skills so that student leaders are better equipped in their future endeavors. An activity that I'll be doing is called "The Lists of Fives", in groups of 2-5, participants come up with a quick ~list of five'. Five what? That's up to you. Tailor the topic of the lists to the topic of the meeting, and people will discover friendly commonalities and differences on the subject that brings them together.
Karla Perez, Undergraduate Student		Uncertainty is something we all share in common and talk about. That's why I want to share how uncertainty helped me in my years of college as a first generation Hispanic student, how I changed my mindset from being scared of the uncertain to being excited about it. Working at my Family's business after college has helped me utilize my innovative, and creative side, it has also played a big role in developing my leadership traits. We go through various decisions in every stage of our life, and I want to share how we can stop being afraid of the uncertain and use it as a fuel to living a life with purpose, with intention. The activity I would like to include is a poll, which will show our audience in what areas we are most uncertain about.
Y'urissa Everett, Event Planning Coordinator Student Union		In this breakout session I will be discussing the main thing that RSOs want to know, "How to get their events approved on time". A layout will be explained to them regarding what is expected and needed in the process. One activity I could incorporate is after the event make up a 3-question quiz and whoever answers correctly get a prize.
Yahima Perez, Residential Education Operations Coordinator Housing and Residential Education		This presentation goes through why students are disengaged, population and engagement types, games and tests to help students find and make connections, as well as rules of engaging overall. We will be playing where the wind blows, taking learning styles tests, and discussing our own experiences.

Dr. Rebecca Goldstein,		
Director		
Student Affairs		
Assessment		
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Andrew Huff,		
Associate Director-		We want to been from VOUL Chara with University loadership the positive and
Programs and Wellness		We want to hear from YOU! Share with University leadership the positive and
Initiatives	Focus Group on the Student	negative aspects of your student experience so we may improve the quality of the
Campus Recreation	Experience	offerings we provide for the Florida Atlantic community.
Elaine Jordat,		
Associate Director		
Campus Life- Jupiter		
Dani McCalla,		
Director		
Andrew Moriera,		
Assistant Director- Student		
Government		
		Additional legislative training for Student Government Leaders and discussion of
	Lacing Up for the Legislative	goals and priorities for the term.
Involvement	Term	
Zoe Jarbath,		
GPSA Director		
Marilian Lanas		Share key information about how to navigate the RSO process as a Graduate and
Marlynn Lopez,	In the Training Comp	Professional student organization. Attendees will obtain key skills on how to be a
	In the Training Camp:	good scholar and use University resources to ease the burdens of being a graduate
	Knowledge and Resources for Graduate Students	and professional student.
and Service-Learning		The transition to college presents students with verious shellonges, including
KEYNOTE:		The transition to college presents students with various challenges, including
	Navigating Conflict in Student	academic pressures, social adjustments, and personal growth. These challenges often give rise to conflicts that, if left unresolved, can hinder student success.
Dr. Dax Boatwright,	Leadership	Therefore, this session explores the role of conflict management through student
		merenere, this session explores the role of connict management through student

Assistant Director- Student		leadership in promoting college student success, emphasizing the importance of
Conduct and Conflict		equipping students with the skills to navigate and resolve disputes constructively
Resolution		within the confines of the university community and with institutional support. By
Dean of Students		understanding how to manage management during their college experience,
		students can partner with other campus members in fostering a supportive
		environment that enhances student resilience, academic achievement, and
		professional development.